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STAR OF MYSORE

OUR EVENING DAILY

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MYSURU Tuesday 7th July 2020
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MCC sealed

Main Office building to remain shut tomorrow also

Mysuru, July 7 (MTY&DM)- The Mysuru City Corporation (MCC) Main Office on Sayyaji Rao Road has joined the list of various other Government Offices across the State to temporarily shut down due to COVID-19 pandemic. The city's Civic Body was sealed down this morning after an employee of the Health Section tested positive. The seal down will be extended to tomorrow also, it is learnt.

Not to take any chances, the MCC authorities ordered sealing of the entire Office which is being sanitised, fumigated and disinfected. Following the seal down, all the employees have been asked to undergo throat swab tests immediately. Also, all those working in the Health Section, including doctors and other medical staff, are likely to be home quarantined as a precautionary measure.

Sources said that panic has gripped the MCC staff, especially those working in the Health Section, as it is that section which is in the frontline of almost all the activities related to COVID-19 work including supply of food to persons living in Containment Zones and sealed down areas and ferrying positive patients to the designated COVID-19 Hospital.

Meanwhile, Mayor Tasneem told *Star of Mysore* this morning that they have decided to seal down the MCC Office for two days — today and tomorrow. The entire MCC premises including offices of various sections, rooms, cabins and chambers in the building are being sanitised and disinfected.

Corporators will discuss with the authorities later today on whether to extend the seal down beyond two days, considering the fact that hundreds of employees and Pourakarmikas work here and many people visit the office every day, she said.

The MCC, since the outbreak of pandemic over three months ago, has put all precautionary and safety measures in place as the MCC Main Office is an area with high public contact, she added.

Guidelines for 'home isolation' of COVID positive person

Mysuru, July 7- The National Health Mission, Government of Karnataka, yesterday issued a set of guidelines for 'home isolation' of COVID positive person. They include initial assessment and triage of person by health team at person's house, eligibility for home isolation, when to seek further medical advice, instructions to health staff monitoring the person in home isolation, instructions to the person in home isolation, instructions to care-givers, instructions to the family members of person in home isolation, instructions to neighbours of persons who are home isolated and when to release the person from isolation at home. Those who have tested COVID positive shall be permitted to be in "home isolation" with the following conditions:

- Only those who are asymptomatic or mild symptomatic
- They shall be oriented to the protocol of home isolation
- Health team assess the suitability of house for home isolation; Dedicated tele-monitoring link shall be established
- The person shall report to the Physician / health authorities about their health status every day
- The person shall have pulse oximeter, digital thermometer and personal protective equipment
- The release of the person from home isolation shall be as per the existing discharge protocol of the State for COVID-19
- The home isolation shall be with the knowledge of the family members, neighbours, treating Physician and local health authorities. ***[See also page 9]***

Mysuru COVID-19 UPDATE

Today's Positive cases	:	47
MCC Health Section staffer tests POSITIVE		
Cumulative POSITIVE cases	:	528
Total ACTIVE cases	:	252
Persons discharged	:	268
Deaths	:	8

Update: July 7, 2020, 2 pm

Vikram Hospital being readied to provide COVID-19 treatment

Mysuru, July 7 (RK&KS)- The staff of Mysuru Urban Development Authority (MUDA), under instructions from the District Administration, undertook cleaning and sanitising of the closed Vikram Jeshta Hospital on Vivekananda Road in Yadavagiri this morning.

MUDA Commissioner Dr. D.B. Natesh said that following instructions from DC Abhiram G. Sankar, the Hospital is being cleaned and sanitised to provide treatment to higher officials who have contracted COVID-19. The workers were seen cleaning the building and medical equipment in the Hospital, when we went to the Press.

To Our Readers

Turn to Page-6 for Abracadabra titled ***"Cardiologist Dr. C.N. Manjunath: A visionary and a role-model of an Indian."*** **—Ed**

MUDA Commercial Site For Sale
Commercial site on Ring Road measuring 30x40 feet facing 6 lane road (On service road) in Teachers Layout, at Yaraganahalli (Near Siddhartha Layout)
Contact : **Dr. Atif**
Mob: 9964155816

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STAR PUNCH By Satish Acharya

STAR OF MYSORE

"We believe comment is free, but facts are sacred."
Editor: M. GOVINDE GOWDA, M.A.
Mysuru, Tuesday 7th July 2020

COVID-infected to be shifted to KSOU extension centre at Mandakalli

Mysuru, July 7 (RK&DM)- With Corona positive cases rising by the day in the district, Deputy Commissioner Abhiram G. Sankar said that new patients will be shifted to KSOU Extension Centre at Mandakalli.

Speaking to presspersons here yesterday, Sankar said that as the beds in the designated COVID-19 Hospital on KRS road in the city is full, the fresh patients will be shifted to KSOU Extension Centre at Mandakalli.

Pointing out that only patients with mild COVID-19 symptoms for whose treatment ventilator facility is not required, will be admitted at this new facility, the DC said that the Extension Centre has been completely cleaned and sanitised, with all necessary facilities.

The DC further said that the Centre has the capacity to treat 500 patients at a time.

COVID Testing Laboratory to open at Panchakarma Hospital

After K.R. and JSS Hospitals, this will be the 3rd Lab

Mysuru, July 7 (RK&DM)- The new COVID-19 Testing Laboratory set up at Ayurveda Panchakarma Hospital on KRS road, Brindavan Extension, will start functioning in about 10 days.

Announcing this here yesterday, Deputy Commissioner Abhiram G. Sankar said that the new Testing Laboratory will ease pressure on the Lab at Microbiology Department of MMC&RI (K.R. Hospital). Pointing out that the Lab at Panchakarma Hospital is being set up with help from city's CFTRI, he said that the Lab will be fully equipped with necessary equipment and all other infrastructure. Noting that the new Lab can test 200 samples a day, he said that this will be the third COVID-19 Lab in the city, with Chief Minister B.S. Yediyurappa inaugurating a lab online at JSS Hospital on M.G. Road last week.

Rotary Midtown Installation Ceremony tomorrow

Mysuru, July 7- Rotary Mysore Midtown will be holding the Installation Ceremony of new office-bearers for the year 2020-21 at Hotel Pai Vista on B.N. Road on July 8 at 12 noon.

A.N. Aiyanna

H.S. Veeresh

Rtn. Dr. R.S. Nagarjuna, PDG, RI Dist. 3181, will be the Installing Officer. Addanda C. Cariappa, Director, Rangayana, will be the chief guest. Rtn. Rohith Ramdev, Asst. Governor, Zone 7, will be the guest of honour.

Rtn. L.M. Manojkumar - President (2019-20); Rtn. Mohd. Sulaiman Sait - Hon. Secretary (2019-20); Rtn. A.N. Aiyanna - President (2020-21); Rtn. H.S. Veeresh - Hon. Secretary (2020-21).

EDITOR'S BOTTOMLINE

NAMASTE, INDIA!: ***Press both the palm of your hands against each other and spout "namaskar." That's our traditional way of greeting someone. But in recent times amidst the "fashionable" hi's and hello's, it had seemingly lost its appeal. Then Coronavirus came calling and perhaps it is in vogue again! I usually do a full-bodied namaskar, neta style, by lifting my folded hands up to my face and slightly bow. What a dignified way to acknowledge someone's presence. As the pandemonium around the pandemic takes time to settle down with little evidence of how this modified virus would behave as its fortunes may see many vicissitudes, I think this beautiful tradition is here to stay.***

— *Chitra Iyer in Deccan Herald*

NEWS SPARKLERS

'COVID-19 parties' to see who gets infected first

Alabama: Alabama students are allegedly throwing 'COVID-19 parties' as part of a stupid game to intentionally infect each other with a disease that has so far killed hundreds of thousands of people in the US alone.

Tuscaloosa City Councilor Sonya McKinstry was the first to blow the whistle on this potentially deadly game that students in Alabama have been playing. She claims that organisers of so-called COVID-19 parties are intentionally inviting people infected with the disease to see who catches it from them first. As crazy and unfathomable as that sounds, this shocking behavior has been confirmed by the Chief of the Tuscaloosa Fire Department, who told the City Council that such parties had been held for weeks. Sonya McKinstry said that she had recently learned of these parties and immediately informed the local council about them. Apparently, students who willingly attend these dangerous events, "put money in a pot and they try to get COVID. Whoever gets COVID first gets the pot."

Miniature Rolls Royce costs as much as a real car

London: If you cannot shell out $330,000 on a new Rolls Royce Cullinan, one can still get a 1:8 replica complete with the SUV's iconic accessories and details for "just" $27,000.

Car miniatures don't usually cost as much as a decent daily driver, but then again this isn't your average miniature. It consists of more than 1,000 individual parts carefully put together by hand by Rolls Royce experts in about 450 hours. That's more than half the time it takes the luxury car company to build an actual Rolls Royce Cullinan. Plus, the Richie Rich-worthy toy comes with working exterior lights, as well as a mini version of the 6.75-liter, twin-turbo-charged V12 used for the Rolls Royce SUV. While the exterior of this miniature Cullinan is impressive, it's the interior that justifies its spicy price tag.

HEALTH CAPSULE by Bron Smith

What are the keys to happiness?

A recent poll of 3,000 people revealed that the happiest people: 1) Don't compare themselves with others, 2) Don't talk negatively about others, 3) Have a grateful attitude, 4) Make time for themselves, 5) Say they're sorry.

** Health Capsules is not intended to be of a diagnostic nature.*

ASHA workers to stage indefinite stir from July 10

Mysuru, July 7 (SPN&DM)- Seeking fulfilment of their various demands, which chiefly included monthly wages of Rs.12,000, ASHA workers, who are at the frontline in the battle against the deadly COVID-19 pandemic, will stage an indefinite stir from July 10.

In a press statement, Manjula, District Secretary of AIUTUC affiliated Karnataka Rajya Samyukta ASHA Karyakarteyara Sangha, said that repeated pleas to the Government seeking a hike in monthly honorarium, has fallen on deaf ears.

Pointing out that the Sangha had submitted a 10-point charter of demands to the Government in January last, she said that the Government had not made any attempt to fulfil the demands.

Noting that ASHA workers are playing a vital role in the battle against COVID-19 as frontline warriors, Manjula said that ASHA workers across the State will strike down work indefinitely from July 10 and hold demonstrations at all District and Taluk Headquarters.

University staff at Crawford Hall to function with 50% strength

Mysuru, July 7 (RK&DM)- Coronavirus has hit the University of Mysore (UoM) headquarters too, as an employee working at Crawford Hall tested COVID-19 positive on Saturday.

Soon after the employee was found positive, the University authorities sanitised and disinfected the entire premises and Vice-Chancellor Prof. G. Hemantha Kumar ordered for working at 50 percent strength.

Speaking to *Star of Mysore*, the VC said "As a safety measure, I have directed the staff working in the VC office, the Registrar offices, Evaluation section, Accounts section and all other sections working from Crawford Hall, to work with 50 percent strength till July 15, while the rest 50 percent have been instructed to work from home."

Pointing out that the University has taken measures for online clearance of files, he said that he will issue further instructions to the staff on July 15 after taking note of the situation. However, top authorities of the University, including himself, are working from the e-Administration Seva portal at Vijnana Bhavan in Manasagangothri, he added.

UoM has also restricted public entry to Crawford Hall for 10 days from yesterday.

Really...?

- ***Minus 40C is exactly the same temperature as minus 40F.***
- ***Mercury is the only metal that is liquid at room temperature.***

LAUGHTER THE BEST MEDICINE

An obese patient visits the doctor for check-up.
Doctor: *You must exercise daily.*
Patient: *I do play football, tennis, cricket regularly.*
Doctor: *Oh! Where do you play?*
Patient: *On my cell-phone!!*

Today's Currency Rate

1 US Dollar	= Rs. 74.85
1 UK Pound	= Rs. 93.48
1 UAE Dirham	= Rs. 20.39
1 Euro	= Rs. 84.59

VOICE OF THE READER

Pathetic condition of MUDA Park

Sir,

This is regarding the pathetic condition of the MUDA Park in Vijayanagar 3rd Stage, near Heritage Club. It is full of weeds and untrimmed branches of trees besides being a home for mosquitoes, other insects and reptiles. Many a times morning and evening walkers confront snakes. In such a situation many people avoid entering the Park pathways and prefer to walk on the road outside this once paradise for joggers.

Flood-lights are fitted inside this garden but one cannot dare to enter inside for a scroll after dinner.

Hence, the authorities concerned and elected representatives are requested to maintain this public park and restore it for the tax-paying residents.

—Biresh Kumar
on e-mail
Vijayanagar 3rd Stage
6.7.2020

House built on Raja Kaluve in Metagalli demolished

Mysuru, July 7 (RK&KS)- Following several complaints from the public about encroachments on Raja Kaluve, which was causing problems to the smooth flow of rainwater resulting in flooding during rains, Mysuru Taluk Tahsildar P.S. Rakshit, with the help of Metagalli Police cleared the encroachments this morning.

Armed with an earth moving machine, the Tahsildar got the building that was built on the Raja Kaluve behind Adi Shakti Temple in Kumbarakoppal coming under Metagalli Survey No. 143 demolished and also demolished the compound walls of a few houses that had encroached the Raja Kaluve.

Tahsildar Rakshit warned that any encroachments on Raja Kaluve or on Government land in Mysuru city or taluk would be demolished and the land would be reclaimed.

Metagalli Inspector Raghavendra Gowda and staff provided security during the drive. Revenue Inspector Prashanth, MCC Development Officer Veeresh, MUDA Assistant Executive Engineer Manu and other officials took part in the encroachment clearance drive.

COVID: Training on 'home isolation'

Vector-borne Diseases Control Officer Dr. Chidambara addressing the doctors and medical staff at the Office of the District Health Officer in Nazarbad yesterday, during a training programme in connection with the new guidelines issued by the State Government on 'home isolation' of COVID positive persons.

Sets World Record for 'Most miniature paintings on a small paper card'

Ganesh Shenoy

Mysuru, July 7- Ganesh Kelagina Beedu Shenoy, a native of Mangaluru, who is married to Arti Shenoy of Saraswathipuram in Mysuru, has set a World Record for his new artwork 'Most miniature paintings on a small paper card' through World Record Certification Limited, UK.

He painted 1,156 miniature paintings on a small paper card measuring 17 cm X 17 cm, and each miniature painting measures 0.5 cm X 0.5 cm, setting the World Record for most miniature paintings ever painted on a small paper card.

Last year, Ganesh had broken both Asia Record and India Record with his 1,029 miniature paintings on an A4 size paper and had entered Asia Book of Records and India Book of Records. In 2018, one of his paintings on Lord Jesus Christ was featured in "L'Osservatore Romano" — newspaper of Vatican City.

He is the son of veteran artist and Lalita Kala Academy award winner late Pundalik Shenoy. His mother late Padmini Shenoy was also a noted artist.

Right from his childhood, he was interested in painting and secured many prizes / recognitions. Entering the Guinness Book of World Records is his dream and he has started working on a new project to make this dream a reality by 2021.

Ganesh Shenoy uses many mediums and styles while painting. His favourite styles are Pointillism, Kinetic Pointillism, Mosaic and Expressionism. Ganesh has never sold his paintings for personal gain. He always donates his paintings to philanthropic organisations so that they can sell and utilise the proceedings for charity work.

Ganesh is working as HR Manager in Sodexo at Qatar. He is living with his wife Arti Shenoy in Doha - Qatar since the past 13 years. His daughter Anisha Shenoy is pursuing her MBBS in KVG Medical College, Sullia, Dakshina Kannada.

Corporator distributes grocery kits, vegetables at sealed-down areas

Mysuru, July 7 (RKB&KS)- As the 5th Main Road in T.K. Layout, coming under MCC Ward No. 43 is sealed, Ward Corporator J. Gopi, in a bid to help the poor and the needy, distributed grocery kits and vegetables to them yesterday.

As the number of COVID-19 positive cases are increasing day-by-day, many roads in localities across the city have been declared as Containment Zones and sealed, which is causing a lot of problems to the poor and the needy especially for food. Hence to provide help to them, the Corporator distributed grocery kits containing rice, cooking oil and other items including vegetables to them.

Saraswathipuram SI Bhavya, Congress leader Bhaskar and others were present.

Financial aid for weavers

Bengaluru, July 7 (KMS&SD)- Chief Minister B.S. Yediyurappa yesterday launched Nekar Samman Yojane and transferred Rs. 2,000 financial assistance to the bank accounts of 19,744 weavers in the first phase.

The ambitious mega scheme launched by Chief Minister yesterday at a function held at his home office 'Krishna' in Bengaluru comes as a huge blessing for weaver's community in the State.

According to fourth national handloom census, Karnataka has 54,789 registered handloom weavers in the State. The silk, cotton, woollen and other handloom weavers engaged in allied activities in the State will be the beneficiaries of this ambitious scheme, Nekar Samman Yojane.

Chief Minister Yediyurappa, after launching the scheme, said that the Government has earmarked to Rs. 10.96 crore for distribution to weavers community under the Nekar Samman Yojane annually. Stating that over 40,634 handloom weavers have already enrolled under the Seva Sindhu software in Karnataka for the scheme, he stated that so far applications from as many as 37,314 weavers have been approved and the remaining eligible beneficiaries will be covered in the coming days under the scheme. He added that financial assistance will be directly transferred to the bank accounts of eligible beneficiaries in the next few days.

NEWS BRIEFS

MCC Council meeting postponed

Following the seal down, the Mysuru City Corporation (MCC) General Council meeting, which was scheduled to take place on July 9, has been indefinitely postponed.

Link PAN with Aadhaar card

The Centre on Monday extended the deadline for linking PAN with the Aadhaar card till March 31 next year. "Understanding and keeping in mind the times that we are in, we have extended deadlines," the Income Tax Department said in a tweet. "We do hope this helps you plan things better." The Government has announced several deadline extensions over the last few weeks to ease the burden on taxpayers amid the escalating coronavirus crisis. On Saturday, the Centre extended the deadline for filing income tax returns for the financial year 2019-20 till November 30.

Co-op. AGMs

In the wake of Novel Coronavirus pandemic, the Co-operation Department has extended the deadline for Co-operative Societies to hold their Annual General Body (AGM) meetings for this year till November 2020.

English grammar classes on YouTube

To facilitate easy learning of English grammar to school and college students, 'Mysuru Mithra' Columnist G.L. Tripurantaka has started 'GLT's Easy English' course on YouTube. Lecturer in English, he is currently working as a Co-ordinator at JSS Institute in Suttur. For details, contact Tripurantaka on Mob: 96866-77284.

KRS Water Level

(Maximum : 124.80 feet)

Today	99.40 ft
Yesterday	97.82 ft
Inflow	6,324 cusecs
Outflow	449 cusecs

Kabini Level

(Maximum : 2,284.00 feet)

Today	2,266.04 ft
Inflow	9,045 cusecs
Outflow	1,500 cusecs

Harangi Level

(Maximum : 2,859.00 feet)

Today	2,845.80 ft
Inflow	3,890 cusecs
Outflow	30 cusecs

It's official, Ponnampet in Kodagu district becomes Taluk

Ponnampet, July 7- Over a year after the announcement of the formation of Ponnampet taluk in Kodagu district, the State Government in a notification issued on July 3, has officially notified Ponnampet as a new taluk under the Karnataka Land Revenue Act.

The previous JD(S)-Congress Coalition Government, headed by H.D. Kumaraswamy, had announced formation of Ponnampet taluk by carving out Virajpet taluk and Kaveri taluk (Kushalnagar) by carving out Somwarpet taluk in Kodagu district in February last year and the current BJP Government has issued the notification for Ponnampet taluk after no objections or suggestions were received by the State Government.

The new Ponnampet taluk comprises four hoblis with the inclusion of 49 villages bifurcated from Virajpet taluk. The four hoblis are Ponnampet, Balele, Srimangala and Hudikeri.

With the notification of the new Ponnampet taluk, Kodagu district will now have four taluks — Madikeri, Somwarpet, Virajpet and Ponnampet.

Meanwhile, Virajpet taluk, from which the new Ponnampet taluk has been carved out, will now have 20 Village Accountant Circles having 59 villages.

PONNAMPET TALUK

Boundary details — East: Hunsuru taluk of Mysuru district; **West:** Virajpet taluk; **North:** Piriyapatna taluk of Mysuru district; **South:** Kerala State.

Following is the list of Circles (Hoblis) and Villages that constitute new Ponnampet taluk:

Ponnampet hobli: Halligattu, Huduru, Aravathoklu, Muguttageri, Kuttandi, Kongana, B. Shettageri, Kundha, Echooru, Hathuru, Kaikeri, Athuru, Nallukote, Hebbale, Bhadragola, Devamachhi Forest, Arakeri Forest-I, Arakeri Forest-II, Arakeri Forest-III, Nokya, Siddapura, Mayamudi, Balaji, Kiruguru, Mathuru, Koturu, Bekkesodluru, Kanooru and Nidugumba.

Balele hobli: Balele, Devanuru, Hathugattu Forest, Nitturu, Kottageri, Besaguru, Biluru, Nalluru, Dhanugala and Rudrabeedu.

Srimangala hobli: Kumaturu, Srimangala, Nalkeri, Kothuru, Nalkeri Forest, Badaga, Kutta Thaila, Manchalli, Kurchi, Biruga, East Nemmale, West Nemmale, T. Shattigeri, Tavalageri and Harihara.

Hudhikeri hobli: Hudhikeri, Konageri, Beguru, Chinivada, Mugutageri, Nadikeri, Chikkamanduru, Thuchamakeri, Balyamanduru, Belluru, Hysodluru, Badagarakeri, Poradu, Teralu, Parakatageri and Birunani.

VIRAJPET TALUK

Boundary details — East: Piriyapatna taluk of Mysuru district; **West:** Madikeri taluk; **North:** Somwarpet taluk; **South:** Kerala State.

Following is the list of remaining Circles (Hoblis), Village Accountant Circles and Villages that constitute Virajpet taluk, after formation of new Ponnampet taluk:

Virajpet hobli: Chembebelluru - Kukluru, Imangala Chembebelluru, Devanageri, Maggula, Pudakote, Bellarimadu; **Bittangala -** Bittangala, Balgodu, Ambatti, Nangala; **Kandangala**: Rudraguppe-I, Kandangala, Rudraguppe-II, V. Badaga; **Betolli -** Heggala, Arji, Betolli; **Kedamulluru -** Kottolli, Kedamulluru, Palangala; **Kadanuru -** Kadanuru, Arameri; **Bellumadu -** Bellumadu, Kunjalageri, Kadangamaruru; **Kakotuparambu -** Nalkeri, Mytadi.

Ammathi hobli: Ammathi - Ammathi, Puliyeri; **Siddapura -** Siddapura, Karadigodu, Chikanahalli, Guhya; **Maldare -** Maldare, Kodagu Srirangapatna; **Chennayyana Kote -** Chennayyana Kote-I, Chennayyana Kote-II, Chennangi, Chennangi Mudabilu, Chennangi Gudluru; **Badaga Banangala -** Badaga Banangala; **Mekuru Hoskeri -** Mekuru Hoskeri; **Hosuru -** Bettageri, Hosuru, Hollalakukke; **K. Bigodu -** Kalathmaadu, Kollathodu-Bigodu; **Bilugunda -** Bilugunda, Nalavathoklu, Hosakote; **Kavadi -** Karmadu, Kavadi, Kumberi; **Halugunda -** Byrambada, Halugunda; **Kannangala -** Hachinaadu, Yaduru, Kannangala.

MLA Ramdas takes out *padayatra*, conducts thermal screening

Mysuru, July 7 (RKB&SD)- Krishnaraja (KR) Constituency MLA S.A. Ramdas visited Nanjumalige market and surrounding areas and performed thermal screened vegetable vendors and others in the area this morning.

MLA Ramdas, who began his padayatra at 6 am, visited Nanjumalige Circle and interacted with street vendors including vegetable and fruit vendors and other persons who were engaged in their daily business activities.

Speaking to vegetable vendors in Nanjumalige market, he highlighted the importance of wearing masks, usage of sanitisers and maintaining cleanliness in the market premises.

Ramdas also conducted thermal screening of over 100 vegetable vendors in the market area.

"With fresh cases on virus infections on rise, we need to be very careful and take responsibility on our shoulders. Wear face masks properly so that it would cover both your nose and mouth. We should maintain cleanliness in the market place, so please do not throw vegetable wastes here and there. Do not forget to wash your hands thoroughly with sanitisers or soap," he said.

Speaking to press persons, Ramdas said, "No, lockdown will not be imposed. It is our responsibility to stay safe and help fight the pandemic by adhering to the safety precautions provided by Health Officials, which would include social distancing and other such measures."

Corporator Begum Pallavi, former Corporator Vidya Urs, BJP leader Shivappa, ACP Purnachandra Tejaswi, KR Inspector Srinivas, Laxmipuram Inspector Venkatesh, MCC officer Nanjundegowda, Sushruta, Health Inspectors Manju Kumar, Harish, Preeti and others accompanied MLA Ramdas during his padayatra.

Biscuit agency Manager commits suicide

Sudheendrachar

Nanjangud, July 7 (RS&KS)- A person, working as a Manager at a biscuit agency, committed suicide by hanging self at the agency office on Broadway Road here yesterday.

The deceased is Sudheendrachar (62), a resident of 17th Cross in Nanjangud town.

He leaves behind his wife Sudha and son Prabhuranjan.

Sudheendrachar, who came to the agency office yesterday morning, closed the shutter of the agency and committed suicide.

The staff of the agency, who came to the office, saw the rolling shutter closed and on opening it saw their Manager hanging.

According to the complaint lodged by the deceased's son, his father was suffering from mental depression, which had forced his father to take the extreme step.

Nanjangud Town Sub-Inspector Ravikumar, visited the spot, conducted mahazar and shifted the body to the Taluk Hospital besides registering a case. The body was handed over to the family members after post-mortem.

Obituary

M.K. Rukmini

Mysuru, July 7- M.K. Rukmini,

retired music teacher, Founder-President of Akashavani Kelugara Balaga Samudyata Shrotru Sangha and a resident of Krishnamurthypuram, passed away yesterday in city. She was ailing since a few months.

Last rites were performed at the foot of Chamundi Hill yesterday, according to sources.

Buttianda Sujatha Madappa

Buttianda Sujatha Madappa (50), passed away on July 5 following brief illness at K.R. Hospital in city.

She was a spinster.

Last rites were performed by Sri Kavery Kodava Association-Mysore East, at Chirshantidhama in Gokulam today, according to Association sources.

Giving Marx to our Leaders

Point of VIEW

T.J.S. George

Karl Marx summed up a complete philosophy when he set forth the precept, 'From each according to his ability?' This was not communism. It was simply the acceptance of a guiding principle of life, that every individual had a responsibility to society. Does a father or a son, a factory owner or a businessman, a film star or a sportsman, a journalist or an engineer contribute to society according to the best of his ability? If he doesn't, he is living off others who do.

What about politicians? Are they contributing according to their ability? Since Marx was the *paramacharya* of communism, it's only fair to begin by asking whether our communist leaders contributed according to their ability? The men who emerged as communism's most influential leaders, Jyoti Basu and E.M.S. Namboodiripad, were men of substance, respected by friends and foes alike for their intellectual calibre and political sagacity. Their eminence within the party was unchallenged.

But their achievements on the ground as Chief Ministers did not measure up to their ability. In both the States, laws were changed with the sole aim of ending feudal landlordism, just as the textbooks said. What happened to agriculture in the process was not a matter of interest. In Bengal, regional imbalances developed and grassroots poverty levels rose high. The dilapidated tram system in Kolkata, a disgrace, continued as if to symbolise the stagnation. In Kerala, the fabled granary of Kuttanad lay waste because paddy fields were entrusted to IAS Officers to run. Today the State is dependent on imported foodgrains and vegetables. In both States ideology won over reality.

In China reality won over ideology. Deng Xiaoping created his own precept when he said famously that the colour of the cat did not matter as long as it caught mice. Cats of enterprise began catching mice so successfully in China that prosperity levels rose within one generation for vast sections of the population. If EMS and Jyoti Basu had used their power to introduce similar reforms in the party, the story of India would have been different. But they chose to be men of the moment, not men of history. After them the party went from bad to worse until, in West Bengal, it was thrown out of power and in Kerala, it became synonymous with murder politics with Prakash Karat, CPM's most inconsequential General Secretary, spending his time reading text books.

The story is no different elsewhere. Jawaharlal Nehru enjoyed popularity and power rare in democracies. With the Parliamentary majority he enjoyed there was nothing he could not achieve. He did introduce attitude-altering reforms that helped modernise the country. But it cannot be said that he did the best according to his ability. There were badly needed changes that only he had the influence to introduce. Administrative and Police changes, for example. The British had developed the Civil Service and the Police Force to act as masters and oppressors of the people. They remain just that to this day. What was easy to reform then would be difficult now.

Indira Gandhi's power and popularity reached dizzy heights in 1971 following the Bangladesh War. Yet, within four short years, she took the country to its lowest ebb with the imposition of Emergency. Rajiv Gandhi's Parliamentary majority reached a record 404 out of 533 in 1984. He even declared a well-meant plan to clean things up and imaginative programmes in key areas like telecommunication. But he caved in soon, unable to stop relatives from abroad and friends at home from manipulating the system for private ends. The system devoured him. None of the Gandhis served the country according to their abilities. They made the country serve them.

Ditto with other parties. Mamata Banerjee, with her eccentric twists and turns, is yet to achieve anything of substance. Mayawati used power to immortalise herself in statues and monuments. The prophet of socialism, Mulayam Singh Yadav, turned ranking criminals into Cabinet Ministers. The less said about the socialist of Bihar, Lalu Prasad, the better.

Even A.B. Vajpayee was forced by party pressures to abandon policies of moderation and turned himself into a narrow Hindutva warrior. The Chief Minister in whose watch the Gujarat riots took place adjusted himself deftly after he became Prime Minister in 2014. But ideological beliefs were strong and he seemed happy to see the fanatic fringe growing. When those who have the power to act wisely do not do so, they fail to function according to the best of their ability. Marx prescribed a yardstick that was tough. And fair.

The dilapidated tram system in Kolkata, a disgrace, continued as if to symbolise the stagnation. In Kerala, the fabled granary of Kuttanad lay waste because paddy fields were entrusted to IAS Officers to run. Today the State is dependent on imported foodgrains and vegetables. In both States ideology won over reality. In China reality won over ideology. Deng Xiaoping created his own precept when he said famously that the colour of the cat did not matter as long as it caught mice. Cats of enterprise began catching mice so successfully in China that prosperity levels rose within one generation for vast sections of the population.

Karnataka revises quarantine rules for other State returnees

File photos

Bengaluru, July 7- The Karnataka Government has issued a revised order on its quarantine rules for returnees to the State including those returning from India's worst-hit State, Maharashtra amid the rising COVID-19 cases in the State.

According to the revised quarantine norms, people returning from all other States to Karnataka, including Maharashtra, shall be placed in 14-day home quarantine under the Centre's Unlock 2 guidelines which permits re-opening of more activities in a calibrated manner, in areas outside the Containment Zones, and to extend lockdown in Containment Zones up to July 31.

"The quarantine norms are regularly reviewed and calibrated with the prevailing Unlock 2 guidelines and infusion of technology and community involvement to enforce strict home quarantine," the statement read. As the order has been passed by the State Government, it applies to Mysuru also.

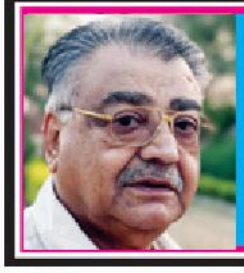
Until now, the State Government had issued that those returning from Maharashtra are to be placed under 7-day institutional quarantine followed by 7-day home quarantine. Apart from that, people coming to the State from Tamil Nadu and Delhi will have to undergo three days of institutional quarantine followed by 11 days of home isolation, the previous order stated. There was no mention of any revised rules for Delhi and Tamil Nadu travellers in the latest statement.

Moreover, the Government also stated registration to the State Govt.'s Seva Sindhu portal was mandatory for any person arriving or transiting through Karnataka. For that, one should "provide correct information about their contact details and destination address."

However, as per the Centre's guidelines, the State Government clarified that it will allow unrestricted inter-State movement of persons and goods adhering to the SOPs/ Guidelines issued by the Department of Health and Family Welfare and Department of Revenue (Disaster Management).

HIGHLIGHTS OF NEW GOVERNMENT ORDER

- **Those returning from other States will be placed under home quarantine for 14 days.**
- **Swabs will be collected and sent for testing only if the returnee starts to develop symptoms of COVID-19.**
- **This applies to those returning from Maharashtra and Tamil Nadu as well.**
- **Testing will be mandatory for any person from any State who is symptomatic on arrival.**
- **Registration to the State Government's Seva Sindhu portal was mandatory for any person arriving or transiting through Karnataka.**



Abracadabra... Abracadabra...

By K.B. Ganapathy

Cardiologist Dr. C.N. Manjunath:

A visionary and a role-model of an Indian – 2

[Continued from yesterday]

There is a difference between sight and vision. Sight is just the capacity to see the world around us. But vision is looking beyond the immediate. Be a visionary so that we can serve the society or our future generation.

British have ruled our country for over 150 years and have now left us, but some of us are still thinking and working like British. They would raise objection to everything. What we can accomplish in one day is taking one year because of such people. **So, if there are some legal constraints which are causing inconvenience to people, we should bring amendments to the law and correct such legal constraints.**

One immediate example for the validity of Dr. C. N. Manjunath's sagely advice is here in our city itself. That is the blanket decision taken by the then DC of Mysuru in the year 2010-11 when the BJP was in power declaring about 2,000 acres of land claimed to be of the Royal family as 'B-Kharab' land, meaning Government land.

The learned DC, an IAS Officer of British orientation, as Dr. Manjunath had rightly remarked in his speech, did not exempt the Housing Layouts formed, some 45 years ago and some about 20 years ago, by a quasi-Government institution CITB (now MUDA) — namely Siddarthanagar, Alanahalli, K.C. Nagar and J.C. Nagar.

Neither the IAS bureaucrat DC nor the BJP Government in power bother about the deadly consequence this anti-people decision would have on about 25,000 families living in these layouts. A BJP Government without a heart. The site and house owners in these layouts could neither buy, sell or alienate their properties, nor build house in sites already acquired.

Thanks to the Congress Government with Siddharamaiah as Chief Minister (May 2013 to May 2018) in about 2016 his Cabinet took a decision to exempt these MUDA layouts from the pernicious blanket order of the DC passed in 2010-2011 when BJP Government was in power. Unfortunately, the bureaucracy did not implement the decision till today. And today, we have a BJP Government, but it is doing nothing to help these 25,000 families. Only the BJP MLA S.A. Ramdas is calling press meets and doling out promises of relief.

Surely, Dr. C.N. Manjunath's perception of our British-made laws and the way our rulers are following them to the detriment of our own poor people seems very correct. God save the people of India from its rulers of this kind.

Some officials after they retire from service tell the new-comers about the loopholes in their department and advise them to correct them, but what were they doing while in service? So, I would like to say that, if you have an opportunity to help people, do that without second thought, without waiting for retirement to advice others. Otherwise, you will repent for not doing so. After all, verbal advices or instructions would not help anybody. **Only Action would help others.** Yes, we need grants but we should know how to appropriate those grants for the purpose for which it is given and adopt values in real life.

Yes, we need computerisation, but more than that, what we need is simplification. In Jayadeva Hospital, poor people are our VIPs. Together with 'Good Thoughts', we need the 'Willingness' to practice what we consider values. By birth, all of us are universal beings. Even after our death, we will remain one. But, our life would have meaning only if we lead our life as 'universal beings' in between our birth and death.

A number of institutions from abroad have conducted research in Jayadeva Hospital and have lauded our efforts of providing quality treatments at low cost. We might have a tiny physical heart, but spiritually, we should be big-hearted in the sense of being generous, kind, compassionate and magnanimous towards our society.

We should see God in our patients as this would inspire us to perform even better. If we believe in God, it would help us to take a righteous path. Have faith in God. Those who are holding high positions should help others working with them to grow as it would bring a sense of fulfilment to self and a deeper understanding about what makes life worth living.

My salute to Dr. Cholenahally Nanjappa Manjunath for his selfless service and may his tribe increase. Born on 20th July 1957 to Chamaraje Gowda in Hassan district, Dr. Manjunath, a *Padma Shri* awardee, graduated in Medicine from Mysore Medical College (MMC), secured his MD from the Bangalore Medical College and Research Institute and a DM in Cardiology from Kasturba Medical College, Mangalore.

In 1988, he joined Sri Jayadeva Institute of Cardiovascular Sciences and Research as a member of faculty and worked there in various capacities such as Assistant Professor and the Professor of Cardiology till he was appointed as the Director of the Institute in 2006.

NOTE: *Now our News Editor tells me that, the above speech by Dr. Manjunath was delivered at the Senate Bhavan in Manasagangothri, Mysuru, on Sept. 23, 2018 and the report of the felicitation function was published in* ***SOM*** *the next day (Sept. 24).*

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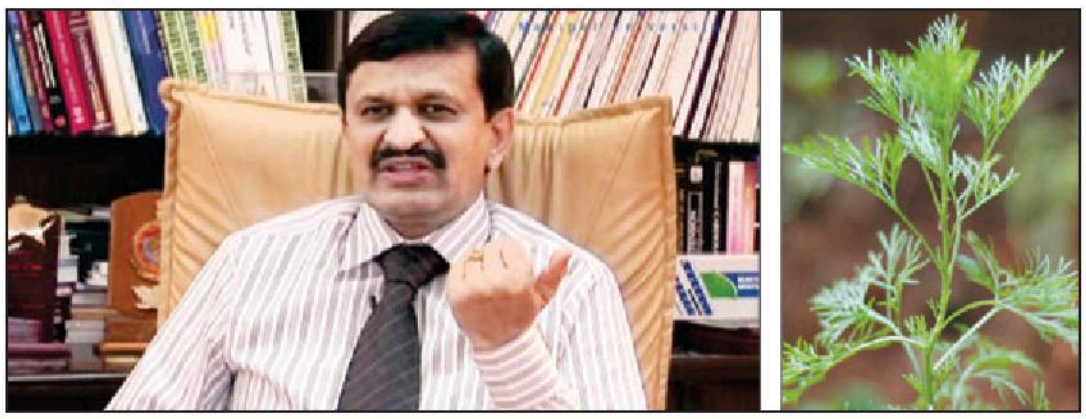

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Mysuru reports fresh 47 COVID-19 cases today; total 528

Mandya records first virus death

Mysuru, July 7 (MTY&BCT)- After reporting 45 COVID-19 positive cases yesterday (July 6) including three deaths, Mysuru again reported 47 cases this morning. With the latest figures, the number of people who have contracted the disease in Mysuru has reached 528, Health Department sources said.

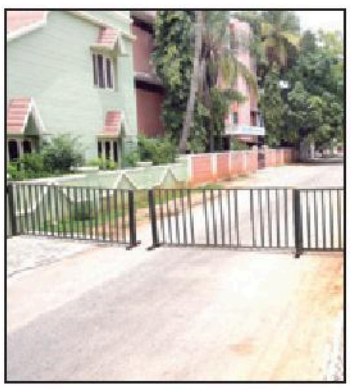
The latest rise in figures have to be confirmed by Mysuru Deputy Commissioner in his daily evening media bulletin.

A majority of the cases that have been reported today are asymptomatic and cases include primary contacts, quarantined persons and people who have a travel history.

Till last evening, there were 205 active cases in Mysuru and with the latest figures, the cases have gone up to 252. Twenty-five patients were cured and discharged last evening and in all, 268 patients have been cured and discharged. Total deaths in Mysuru stands at eight.

Today's positive cases have emerged from Gandhinagar, Halladakere Pallahalli, Udayagiri, Anandanagar, Bogadi North, Kohala, Hampapura and Saragur villages in H.D. Kote, Gowrishankarnagar, Vidyaranyapuram, T. Narasipur, Gokulam 8th Main, Mandi Mohalla, Periyapatna Town, MIG HUDCO in Bannimantap, Second Stage Gokulam, Srirampura, SRS Hootagalli, First Cross Nanjangud, Second Cross Gayathripuram, Parijatha Building, Near Kuvempunagar Post Office, First Cross J.P. Nagar, B Block Vijayanagar, 13th Cross D Block J.P. Nagar, Kalyanagiri, Raghavendra Nagar, Lashkar Mohalla, Hosur in K.R. Nagar, Ward Number 4 in Talakad, Gunduraonagar on Ooty Road, Mellahalli in Varuna Hobli, Third Cross at Tilaknagar, E&F Block Ramakrishnanagar and Sixth Main Paduvarahalli.

Following fresh COVID-19 positive cases, the Mysuru District Administration has declared the following areas as Containment Zones:



· Agrahara · Hebbal · Teviramani Agrahara · Kanchinakere in K.R. Nagar · Vijayanagar in K.R. Nagar · Behind Janata Sawmill Bamboo Bazar · Thogari Beedi, Rama Vilasa Road K.R. Mohalla · Jodi Aladamara, Kesare · Lingayithara Beedi, Near Shani Mahathma Temple Road, Doddakanya Jayapura Hobli · 1st Main 4th Stage T.K. Layout Saraswathipuram · Kaveri Nagar, Near Huda Public School, Bannimantap · Hanumanalu, Bannur · Goluru at Nanjangud · Rajivnagar · Hospital Badavane H.D. Kote · VMH LT Saragur Town, H.D. Kote Taluk · Honnuru, G.S. Layout, Natahalli, Dattagalli · Siddapaji Temple Road Gandhinagar · Near Nippu Pappu Clinic, Hebbal · Hullina Beedi, K.R. Mohalla · Kalyanagiri, Near Nobel School · Reliance Fresh Opposite, Gandhinagar · Hebbal 2nd Stage · Malara Colony, H.D. Kote Taluk · Yelegehundi Kasaba Hobli · Brigade Form Bogadi.

First death in Mandya

Meanwhile, Mandya district reported first death this morning. District Health Officer Dr. Manchegowda told reporters that the deceased was 55-year-old and a resident of Maddur. He was unwell and was admitted to a private hospital in Mysuru and his swab samples were sent to laboratory where his positive status was confirmed.

After the test results, the patient was shifted to Mandya COVID Hospital where he breathed his last. His last rites will be performed as per protocol and his community members have come forward to perform the last rites. The District Administration has identified eight acres of land at Yethadahalli in Mandya taluk for the last rites of COVID patients.

Three more persons die of COVID-19 in Mysuru; total deaths eight

Mysuru, July 7 (MTY&BCT)- Mysuru reported three more deaths yesterday (July 6) and all the three have been recorded in a single day. With the latest three cases, the total deaths in Mysuru has touched eight.

The latest to lose the battle with the killer virus are all suffering from Severe Acute Respiratory Illness (SARI). Till now, a majority of the death cases that have been reported from Mysuru are either SARI or ILI (Influenza-like Illness).

The deceased were having severe respiratory complications and were under treatment for asthma and cough with phlegm. They were above 60 years of age and hailed from Chamarajanagar, Lashkar Mohalla and Hullina Beedhi in Mysuru.

According to the daily media bulletin released by Mysuru DC Abhiram G. Sankar, the details are as follows:

· **50-year-old male from Chamarajanagar - Date of onset of symptoms 30.06.2020, admitted at private hospital, date of admission: 02.07.2020. Death on July 5 (Severe Acute Respiratory Illness (SARI).**

· **46-year-old male from Agrahara Mysuru - Date of onset of symptoms 02.07.2020, admitted at K.R. Hospital, date of admission: 03.07.2020. Death on July 5 (SARI).**

· **75-year-old male from Kalyanagiri Mysuru - Date of onset of symptoms 03.07.2020, admitted at K.R. Hospital, date of admission 03.07.2020. Death on July 5 (SARI).**

Before admitting them to the hospital, their throat swab tests were sent to the laboratory for confirmation. They were tested positive for COVID-19 and all the three patients died just a day after the results confirmed that they were positive. While two of them were being treated at K.R. Hospital, one was admitted in a private hospital.

At the K.R. Hospital, the patients were being treated in the exclusive ward for SARI patients. The deaths occurred between Sunday (July 5) evening and wee hours of Monday (1.30 am). The last rites were performed as per protocol and after the consent was obtained from the family members.

Sources in the District Health Department told *SOM* that the administration was taking a close look at ILI and SARI cases. "We have been tracking such patients. Recently through the house survey, many were identified and they are being followed up. Right now, everybody with ILI should immediately suspect COVID-19 and come forward for testing and not neglect it, which makes it better for early treatment," they said.

Now order medicines from Raghulal & Co using mobile App

Mysuru, July 7 (KS)- City's premier pharmacy chain Raghulal & Co launched an App on Google Play Store this morning making the purchase and delivery of medicines easy.

All one has to do is to download Raghulal app from Play Store and purchase medicines which will be home delivered. Not only can one purchase Over The Counter (OTC) products, but also place orders for prescription medicines by providing prescription and doctor details.

The mobile app of Raghulal allows one to search and select medicines, upload the delivery address, choose Cash on Delivery (COD) option. Also, one can choose when and at what time they would like to have their medicines delivered.

One can also avail the option of store pickup with a choice on pickup slots. The App also has an option of automatically identifying the nearest Raghulal stores based on your location. Once ordered, the customer would receive order details through SMS/ e-mail.

14 more virus cases in Kodagu

DC orders closure of hotels, lodges and home stays

Madikeri, July 7 (PS&BCT)- Fourteen more COVID-19 positive cases have been reported from Kodagu this morning. With this, the number of positive cases in the district has risen to 92.

Ten patients have been cured and discharged from Kodagu Institute of Medical Sciences, the designated COVID Hospital at Madikeri. There are 82 active cases and one death has been reported so far. In all, 36 containment zones have been declared in the district.

Today's positive cases are 23-year-old female, (Influenza-like Illness – ILI) from Harishchandrapura in Gonikoppal, 50-year-old male healthcare worker from Netaji Layout in Gonikoppal, 54-year-old male driver of healthcare worker from Thithimathi, 50-year-old male ILI case from Karike in Madikeri taluk, three cases of 56-year-old male, 36-year-old female and 12-year-old female from same family with a history of travel from Bengaluru and native of Perumbadi village near Virajpet, three cases of 39-year-old female, 38-year-old male and 18-year-old male who are primary contact of positive healthcare worker from staff quarters in Madikeri.

Also, a 17-year-old male who was operated for appendectomy at Ashwini Hospital and a native of Periyapatna, 11-year-old male, primary contact of positive case from Balagunda Somwarpet taluk, 34-year-old female, a case of ILI from Srimangala, and a 29-year-old male, a case of ILI from Karike Madikeri taluk have tested positive.

Annies Kanmani

Following the recent spike in the cases, Kodagu Deputy Commissioner Annies Kanmani Joy has closed all hotels, lodges and home stays. Though the Kodagu Hotel Association and Kodagu Home Stay Association had voluntarily closed down operations, many home stays, resorts and lodges operated and claimed that they were not part of the Association decision and the rule did not apply to them.

The District Administration had been criticised for not closing down resorts, hotels and home stays despite rising COVID-19 positive cases. Now the DC has officially issued an order closing them immediately until further notice.

In her order issued this morning, the DC has stated that all resorts, hotels, service apartments, residential hostels and home stays must desist from giving accommodation to people outside the district and this includes businessmen and tourists.

Those who have already arrived at accommodation places must not be forcibly vacated and they must be allowed to stay till the date of booking. But the dates must not be extended, the order stated. Those guests who have booked accommodation and have not come must be asked to cancel their bookings, the order stated.

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Plea to replace UGD pipeline at Mane Manchammana Street

The residents of Mane Manchammana Street in Veeranagere have urged the MCC officials to first replace the existing UGD pipeline on the road, raise the manhole and then undertake the road concrete works. They said that the existing UGD pipeline was very old and gets clogged frequently resulting in sewage water overflowing from the manholes. They have urged the authorities concerned to replace the old UGD pipeline before concreting the road.

The slushy road at Vidyaranyapuram

The UGD works taken up on the 30th Cross in Vidyaranyapuram about a year back is not completed resulting in the road becoming slushy following rains causing a lot of problems to the residents as well as motorists. Residents said that frequent accidents are witnessed on the road besides stating that it has become impossible to move on the road. Authorities concerned are urged to take steps to get the works completed at the earliest.

Flooding during monsoon

Srirampura SBM Colony residents bear the brunt every time it rains

Mysuru, July 7 (KS)- It is a nightmare for the residents of SBM Colony in Srirampura every time it rains, as rainwater mixed with sewage invade their dwelling and also seeps into the underground water sumps besides forcing the residents to stay on the first floor of their houses or neighbours' houses as rainwater invades their homes.

The residents have been facing the same problems since about four years and have also suffered heavy losses and damage to their two-wheelers and cars parked on roads and inside the compound. The electronic goods inside the house are also damaged following the entry of rainwater into their homes. This year too, the residents have suffered damages caused by the heavy rains.

Residents said that several phone calls to the Mysuru City Corporation (MCC) and to the elected representatives to inform the condition and to provide immediate relief steps went unanswered and added that an Engineer from Mysuru Urban Development Authority (MUDA), who visited the area the next day, initiated temporary relief measures to clear the drains and allow the stagnated waters to flow down. But as the locality is in a low lying area, rainwater could not be diverted towards the *Raja Kaluve* which is nearby.

Residents alleged that though several visits were made by the past and present elected representatives and Government officials, no project or scheme has been submitted to the Government for sanction of funds to take up the works as the MUDA or MCC are not evincing interest.

Many residents, who are senior citizens, have constructed houses 25 years ago with a dream of leading a peaceful and calm life, but with no improvement or development of the locality and no official or elected representatives considering their problem seriously and taking interest to provide relief, they feel disgusted and disappointed.

Pointing out that most of the residents were prompt taxpayers to the MCC, the residents alleged that the Civic Body has been neglecting them for years and warned of staging protests if the civic authorities fail to solve their problems soon.

MCC Works Committee members deny MP's allegations of extortion

Mysuru, July 7 (RK&DM)- Strongly denying MP Pratap Simha's allegation that MCC Works Committee members were extorting money from people constructing buildings and the contractors engaged in laying of underground power cable works, at a meeting chaired by the District in-Charge Minister at Regional Commissioner's office recently, the MCC has strongly condemned the MP's remarks terming it as baseless and unwarranted.

Addressing a press meet at the MCC's Old Council Hall here yesterday, MCC Works Committee Chairman Syed Hazrathulla dismissed the MP's allegations and said that no member of the Committee was indulged in extortion of money or loot.

Maintaining that the Committee members visit the sites or spots whenever complaints are received on violation of building norms or encroachments, he said that it is painful that the MP had made allegations without checking the facts.

Reiterating that the members do not visit construction sites for the sake of money, Hazrathulla said that the MP could have raised the issue at the MCC Council meeting if he had any problems, instead of making baseless allegations elsewhere.

Urging the MP to take back his remarks, he said that all the members of the Committee, including two from the BJP, the party to which Pratap Simha belongs to, will quit en masse if the MP proves his allegations with facts and figures.

He also wanted the MP to be more sensible in making remarks and issuing statements.

Mayor Tasneem, Deputy Mayor C. Sridhar, former Mayor Ayub Khan, Works Committee members Pailwan Srinivas, Rukmini Madegowda, V. Ramesh and Hazira Seema, Corporators Prema Shankaregowda, Gopi, M.D. Nagaraj and others were present.

However, two BJP members of the Works Committee — Sunanda Palanetra and Prameela Bharath — stayed away from the press meet.

COVID: Guidelines for 'HOME ISOLATION'

Initial assessment and Triage of person by health team at person's house

- Person shall isolate himself/herself at home in a separate room
- Health team shall visit and assess the suitability of the house for isolation of the person at home and also do Triage
- Ask regarding following symptoms: Fever, cold, cough, throat pain, difficulty in breathing
- The health staff shall assess the following parameters (Triage)
- Thermal scanning for fever
- Pulse oximetry for SpO2and pulse rate
- Glucometer for random blood sugar
- Blood pressure recording using BP apparatus
- Enquire for co-morbidities
- Link the person to tele-monitoring centre

Eligibility for Home Isolation

- The person shall be clinically assigned as asymptomatic/mild case by the treating Medical Officer/ Physician
- Such cases should have the requisite facility at their residence
- A caregiver should be available to provide care on a 24 x7 basis
- A regular communication link Mild fever < 380 C (< 100.40 F)
- Oxygen saturation should be ≥ 95%
- Age shall be less than 60 years
- If the person has the following co-morbidities - Hypertension, diabetes mellitus, obesity, thyroid disease; they are well managed and under good clinical control as assessed by Medical Officer/ Physician
- Shall not have any comorbid
- The person shall provide a signed undertaking
- The person shall agree to monitor his/her health
- Home isolation shall not be applicable for pregnant women four weeks before expected date of delivery (EDD)

When to seek further medical advice

If the following symptoms and signs develop:

- Difficulty in breathing
- Oxygen saturation ≤ 94% using fingertip pulse oximeter
- Persistent fever of ≥380 C (100.40 F) for more than 24 hours
- Persistent pain/pressure in the chest
- Mental confusion or inability to arouse
- Slurred speech/ seizures
- Weakness or numbness in any limb or face
- Developing bluish discolourations of lips/face
- Any other symptom the person considers serious
- As advised by treating Physician

When to release the person from isolation at home

- A person shall end home isolation 17 days after onset of symptoms (or date of sampling, for asymptomatic cases) and no fever for 3 days
- They shall be released if the following criteria are met:
  - No symptoms
  - No fever (recorded temperature ≤ 37.50C or ≤99.50 F)
  - Maintains saturation above 95%
  - Respiratory rate less than 24 per minute
- There is no need for the RT-PCR/CBNAAT/True-NAT test after the home isolation period is over
- The person shall be allowed to resume duty only after satisfactory completion of home isolation
- A fitness certificate shall be issued by the concerned area Medical Officer (PHC/UPHC/CHC/GH)/ treating Physician.
- If the person in home isolation is under consultation/ daily monitoring by private hospital, the concerned private hospital shall report to District Surveillance Officer (DSO) regarding release of person from home isolation
- Disinfection of the house after completion of home isolation

INSTRUCTIONS

To health staff monitoring the person

- Ensure strict enforcement of isolation of person at home
- Home isolation notice shall be pasted on the front door of the house
- Hand stamping shall be done for the person in home isolation for a duration of 17 days
- Quarantine watch app shall be downloaded and used for daily monitoring
- Inform at least two neighbours regarding isolation of person at home
- Three member team in the ward/ village/ booth level/ resident welfare or apartment owners' association shall oversee compliance of the person to isolation at home
- If the person is found violating the protocol of home isolation, action will be taken under the Disaster Management Act read with IPC and he/she shall be shifted to CCC
- Link the person to tele-monitoring centre for daily follow-up
- IVRS outbound calls through Apthamitra helpline (14410) shall be made to the person on a daily basis

To the person in home isolation

- The person shall wear medical facemask/ N-95 facemask at all times
- Must stay in identified room only and maintain a physical distance of 2 meters/ 6 feet
- The person shall take rest and drink a lot of fluids to maintain adequate hydration
- Shall follow cough etiquettes at all times
- Hands shall be washed often with soap and water for at least 40 seconds
- Do not share personal items like utensils, towels, etc. with other family members. Keep them separate.
- Clean surfaces in the room that are touched often; Clean and disinfect bathroom and toilet surfaces at least once daily
- Person shall strictly follow the Physician's instructions and medication advice
- The person shall self-monitor his/ her health with a fingertip pulse oximeter and digital thermometer daily
- The person shall report promptly if he/ she develops any worsening of symptoms
- Person shall take healthy & nutritious diet
- Smoking, chewing tobacco and alcohol intake shall be strictly avoided
- The person shall receive counselling services when necessary
- Download Arogya Setu App on mobile (available at https://www.mygov.in/aarogya-setuapp/) and it should remain active at all times (through Bluetooth and Wi-Fi)

To care-givers

- The care-giver shall wear medical facemask/ N-95 facemask appropriately
- If the mask gets wet or dirty with secretions, it shall be changed immediately
- Avoid touching eyes, nose or mouth
- Hand hygiene shall be practised before and after preparing food, before eating, after using the toilet, and whenever hands look dirty. Use soap and water for hand washing at least for 40 seconds. Alcohol-based hand rub can be used if hands are not visibly soiled
- After using soap and water, use of disposable paper towels to dry hands is desirable
- **Exposure to a person:** Avoid direct contact with body fluids of the person, particularly oral or respiratory secretions. Use disposable gloves while handling the person. Perform hand hygiene before and after removing gloves
- Avoid exposure to potentially contaminated items (example: avoid sharing food, utensils, dishes, drinks, used towels or bed linen)
- Food must be provided to the person in his/her room; Utensils and dishes used by the person shall be cleaned with soap/ detergent and water wearing gloves. The utensils and dishes may be re-used
- Person's clothes, bed linen and bath and hand towels shall be washed separately using regular laundry soap and warm water or machine wash at 60–90 °C (140–194 °F) with common household detergent, and sun-dried thoroughly
- Gloves and protective clothing shall be used when cleaning surfaces or handling clothing or linen soiled with body fluids. Single-use gloves shall be used and discarded after each use. Perform hand hygiene before putting on and after removing gloves
- The care-giver shall make sure that the person follows the prescribed treatment
- Care-giver shall ensure counselling services to the person, whenever necessary
- The care-giver and all close contacts will self-monitor their health with daily temperature monitoring and report promptly if they develop any symptom suggestive of COVID-19 (fever, cough, cold, sore throat, difficulty in breathing, etc.)

To family members

- Keep the person cheerful;
- Ensure that the person is in strict home isolation; Maintain a physical distance of at least 2 metres/6 feet
- Visitors are strictly not allowed until the person has completely recovered and has no signs or symptoms of COVID-19

To neighbours

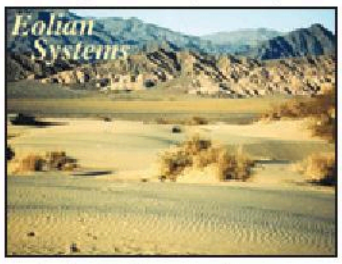
- Support the person and his/ her family by providing essential items like medicines, rations, vegetables, etc. until they get cured as may be required
- Keep a vigil on the person in home isolation to ensure strict home isolation
- Maintain a physical distance of 2 metres/6 feet

REMEMBER, THE FIGHT IS AGAINST THE DISEASE AND NOT THE PATIENT.
FOR ANY ASSISTANCE, PLEASE CALL APTHAMITRA HELPLINE: 14410

WORD OF THE DAY

Eolian

Pronunciation: ee-OH-lee-un.
Meaning: Borne, deposited, produced or eroded by the wind.



Origin: When Aeolus blew into town, things really got moving. He was the Greek God of the winds and the king of the floating island of Aeolia. In The Odyssey, Homer claims Aeolus helped Odysseus by giving him a favourable wind. Aeolus also gave English speakers a few terms based on his name, including the adjective eolian (also spelled aeolian), which is often used for wind-sculpted geological features such as caves and dunes, and aeolian harp, the name for an instrument that makes music when the wind blows across its strings.
Example: The park is known for its eolian caves — chambers formed in sandstone cliffs by powerful winds.

THE ODD WORD

Eau-de-nil

Pale green colour.

PHRASE OF THE DAY

Ear candy

Meaning: Music with an instant appeal but with little lasting significance.

Origin: There are various 'candy' phrases - ear candy, eye candy, arm candy. The one that started the whole candy franchise was ear candy. This was the title of a successful 1977 LP by Helen Reddy - no doubt in an ironic reference to the criticism she had received for producing bland, easy-listening music. The term may have been in use before 1977, although I can find no references to it in print that pre-date Reddy's album title. The term did get picked up though and soon became a generic term for music that was initially attractive but with little lasting substance.
Candy is of course what the US calls the confectionery that many parts of the English-speaking world calls sweets. The sugary, insubstantial imagery is well suited to these phrases.
Despite having a 1950s bubblegum image, candy is actually an old word. It is first recorded in print in the 1420 cookery book 'The Liber cure Cocorum'. The book is quite a shock to the senses for anyone familiar with modern-day cook-books. Naturally, it lacks the now obligatory colour pictures but redeems itself by being written throughout in rhyming couplets. Here's a recipe for frumente (a fermented wheat dish):
With sugur candy, you may hit dowce,
If hit be served in grete lordys howce. [When serving frumente in a great lord's house, you may sweeten it with sugar candy].

QUOTE BOX

There's nothing as cozy as a piece of candy and a book.

— Betty MacDonald

RIDDLE THIS

What is full of holes but still holds water?

Answer: A sponge.

SUDOKU

	2					9		
3		6	2	5				
1				9			2	
		4						2
	5		9	1	8		7	
8						6		
	6			4				3
				8	5	2		9
		9					5	

Answer to previous puzzle

8	5	7	9	1	2	4	6	3
2	9	4	3	7	6	1	5	8
1	6	3	8	4	5	2	7	9
5	2	6	7	3	8	9	1	4
7	8	1	2	9	4	5	3	6
4	3	9	6	5	1	7	8	2
9	4	5	1	8	3	6	2	7
6	1	8	4	2	7	3	9	5
3	7	2	5	6	9	8	4	1

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

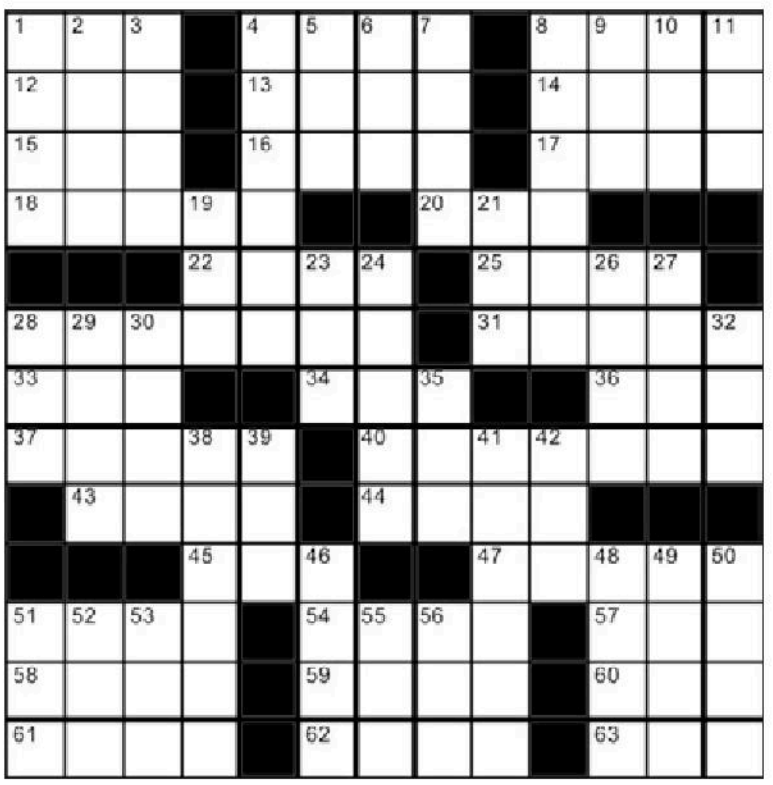
CROSS WORD

ACROSS:
1 Ten decibels?
4 Incite
8 Scope or range of an activity or a study?
12 __ Devi aka Tuntun
13 Columbus' ship
14 City near Oakland
15 Multi-Mode receiver
16 Rapid
17 Rambling story
18 NE Italian city
20 Compass pt.
22 Not firm or rigid
25 Feel one's ___ : be in high spirits; be frisky ?
28 Restrain or check
31 Africanlake-"asany"anagram?
33 Air Transport Auxiliary
34 Use a spade
36 The instrument of writing
37 Din;
40 Ambassador's headquarters
43 They are related to a newt
44 Residual piece of a ticket
45 Third party program for a smartphone
47 Floating log structures
51 Death column, in short
54 Employs
57 Latin trio
58 Of good quality
59 A table-land
60 Ribonucleic acid, acronym
61 Affectionate
62 Orchard product
63 Memory, in short

YESTERDAY'S ANSWER

O	W	L	■	A	F	A	R	■	■	O	S	E
P	O	I	■	I	R	O	N	S	■	A	T	S
T	O	T	■	D	E	L	A	Y	■	K	O	A
■	■	E	K	E	D	■	■	S	T	E	W	■
A	A	R	E	■	■	A	T	T	U	N	E	■
A	W	A	Y	■	B	E	R	E	T	■	■	■
A	L	L	■	G	L	O	O	M	■	A	A	L
■	■	■	B	L	U	N	T	■	E	S	P	Y
■	S	E	R	I	E	S	■	■	C	I	T	E
■	P	L	O	T	■	■	I	R	O	N	■	■
T	A	D	■	C	A	U	S	E	■	I	D	A
C	H	E	■	H	E	L	L	S	■	N	O	B
A	I	R	■	■	S	T	E	T	■	E	N	S

DOWN:
1 Dull, heavy blow
2 Jane Austen novel
3 Fat;
4 Biased, unjust or unprincipled
5 Narrow inlet, creek
6 Global Navigation Sys.
7 Dines or lunches?
8 Whatever may happen
9 Regional Airline Assoc.
10 Engine Pressure Ratio
11 Famous Hindi movie of days gone by - "An a" anagram?
19 Of last month, in short, in correspondence
21 A male offspring
23 Fashionable or stylish
24 Wields vigorously
26 Faucets or cocks
27 Nav. readings
28 Metal container
29 Oklahoma Indian
30 An inexperienced person
32 This, that or the other
35 Greenwich Mean Time
38 Avowed or expressed
39 The sixth sense in short ?
41 College treasurer
42 Arab sleeveless garment
46 Device for moving fluids
48 Solid; compact
49 Prong of fork
50 Old name for an eastern country
51 Away; not on?
52 School subject, in short
53 Place for travellers to stay
55 Use one's eyes
56 Eur. Space Agcy



CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and Words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

MFDDCHC EPY'Z ZLC VDKMC

ZF HF WFS EJCKP.

TODAY'S CLUE: E EQUALS I

Yesterday's Cryptoquip: The main dangers in this life are the people who want to change everything - or nothing.

Studies medicine in US but dies in India after treatment is denied

The tragic-cum-inspiring story of First Lady Doctor of India Dr. Aanandi Gopal Joshi

By Dr. Manik A.V. Bengeri

We celebrated National Doctor's Day on July 1 and acknowledged their service, especially in the times of COVID-19 that has shaken the entire world.

Today we are not surprised to see woman doctors. However, if we go back two centuries ago, educational and social system in India was quite different. There were no lady doctors and most of the women were hesitant to approach male doctors during pregnancy and child birth. As such, mother-child mortality rate was high. The simple reason behind this was ignorance, lack of education and scarcity of lady doctors.

India was under British rule. Despite years of ignorance and dogmas, there were some intellectuals who started the liberation movement. Thanks to them, educating women was taken up on priority basis. Raja Ram Mohan Roy was in the forefront of India's reforms and he was instrumental in bringing a law to curb the Sati system.

The movement spread all over India, more so in Maharashtra as many social reformers came forward with their ideas in making women self-reliant. Though many men faced severe criticism and social boycott, the determined few did not heed to such obstacles and decided to give their sisters and wives, proper education.

Obsession with women's education

Gopalrao Joshi was one such person who aimed to educate his wife despite resistance from family and society. Gopalrao was not highly educated but had realised the value of education. He was working as a clerk in Postal Department. He was so obsessed with the idea of educating women that after losing his first wife, he got married second time to a girl who was much younger to him. He did not demand cash, gold or furniture in marriage but put a condition that he will educate his wife and no one should oppose him.

It was a strange demand but Gopalrao was determined to educate Yamuna, daughter of Ganpatarao Amruteshvar Joshi. Yamuna was hardly 9 years old at the time of marriage. She was born on 31st March,1865 in Pune and got married to Gopalrao Joshi in 1874 as per the prevailing social system where daughters were married before attaining puberty. As per the system, she was named 'Aanandi'.

Study at home

Immediately after marriage Gopalrao gave books to Aanandi to study. Aanandi was clever and as such she completed her vernacular study within two years. Two years after marriage she came to her husband's place and gave birth to a male child but unfortunately, she lost her son due to non-availability of proper medical treatment.

Aanandi's study at home continued further and she gained mastery over English. Though Gopalrao and Aanandi were in deep grief, they realised the need of proper medical help to Indian women and both decided to go ahead with the idea of Aanandi becoming a doctor. Their efforts bore fruits and Aanandi could get permission to go to America to study medicine.

The social life during that period was very different. Women were not allowed to participate in any function or debate or discussions with men. With this background, Aanandi took the decision to go abroad and her husband supported her. This was a great revolution then. Both had to face many obstacles and main one was paucity of funds.

Lure to convert

Christian missionaries offered financial assistance conditionally (she had to convert to Christianity). Aanandi denied the offer saying that if at all she would get the doctor's degree, it will be only as Dr. Aanandibai Gopalrao Joshi and not any other name. Finally, a philanthropist from America Mrs. Carpenter offered help and the correspondence between Aanandi and Mrs.Carpenter started in this direction.

Dr. Aanandi Gopal Joshi

The letters written by Aanandi were in good English and were full of information about Indian culture, tradition and philosophy. For this Aanandi had to study Sanskrit. After all the preparations to travel were over, Aanandi had delivered a lecture — in reply to her felicitation and had explained the reasons of her travel to America. The news appeared in all leading newspapers. The then India Post Office Director General H.E.M. Smith wrote a letter of appreciation along with a gift amount of Rs.100, admiring the boldness of Aanandi.

Finally in 1883, Aanandi's journey to America started from Calcutta Port on 17th April,1883 in a ship named 'City of Calcutta'. During her lengthy journey, Aanandi read many books and gained knowledge. However, she had to starve almost all the time because only non-vegetarian food was available on board. She landed on 18.5.1883 in Liverpool, America and then moved to Rosel New Jersey.

Safeguarding Indian culture

Mrs. Carpenter had come to receive Aanandi and took her to her home. Aanandi had reached America in traditional Indian attire — Maharashtrian nine-yard sari, blouse and the typical nose-ring. Seeing her for the first time, Mrs. Carpenter had liked this beautiful girl especially with her shining pearl nose-ring. Aanandi stayed in Carpenter's home for 3 months and got admission in a Medical College.

During her stay in Carpenter's home, Aanandi took care of Carpenters' children, stitched clothes for them, helped them in homework, learnt knitting and gained appreciation. One American reporter wrote an article on Aanandi which was published in an American newspaper mentioning her as a smart and good-looking Indian woman, along with her photo in Indian dress.

Loved by all

Aanandi had not changed her dress style. After reading the article, many Americans used to visit Mrs. Carpenter's house to meet Aanandi out of curiosity. Most of them were surprised to see Aanandi speaking in fluent English as well as she used to entertain them by singing songs in six Indian languages melodiously.

Aanandi was a multi-talented woman. She used to keep herself happy and make others happier. Despite the cold weather conditions, she adjusted her stay in America. She silently observed American culture without commenting. She impressed her hosts through her decent behaviour and communication skills. According to Mrs. Carpenter, Aanandi was a dancing fountain of happiness. She did not charge any money for Aanandi's stay and food in her house.

Medical course

Aanandi later shifted from Rosel New Jersey to Philadelphia to join the medical course. She was selected in two Medical Colleges in New York and Philadelphia. However, Aanandi opted for Philadelphia Medical College as it was well-established.

Before leaving Mrs. Carpenter's house, Aanandi hosted a party to her friends where she prepared Indian dishes and sweets. She drew rangoli on the floor and made over 18 to 20 guests to sit on the floor and eat with hands. Aanandi showed her expertise in culinary art as well as her creativity in all arrangements. It was a treat to guests.

New chapter

A new chapter opened in Aanandi's life when she entered the Medical College. The Dean wrote a personal letter inviting her to join this College and offered all support. When Aanandi entered the campus with Mrs. Carpenter, the Dean was there to receive her along with a big gathering of 500 doctors and students. Mrs. Carpenter helped Aanandi settle down in the hostel and then left to her home.

Aanandi struggled to cook and study. Hence she shifted to a mess. She was smart, sharp in her studies and scored good rank in her periodical examinations. Aanandi had an attack of Diphtheria but the Dean as well as her classmates took good care and Aanandi was cured.

The big day

Now her aim was to complete three-year course which was followed by one year's internship. Her progress was being conveyed to her husband in India. Finally the day of convocation arrived and Aanandi was the centre of attraction. All the doctors, faculty members and the Dean heaped praises on her.

Later, Dr. Aanandi delivered a Thanksgiving address. The moment she started speaking, she heard a whistle and was stunned to see her husband Gopalrao entering the auditorium. It was a pleasant surprise for her and a most satisfactory moment for Gopalrao. All his efforts and struggle bore fruits.

Aanandi was awarded Doctor's degree on 11th March, 1886. Now it was the time for the couple to plan their return journey. Aanandi had many plans to serve Indian women. She was also planning to start a Medical College in India. Both of them landed in Bombay Port.

Fate wills otherwise

Unfortunately, Aanandi fell sick severely and ironically, she could not get proper food as well as treatment in her own country and her own city. Her mother and sisters could not provide her proper Indian food which she had terribly missed. The doctors of Pune refused to treat her because she had travelled crossing the seas and during those days it was treated as a big sin. They insisted that 'Praayaschita' (atonement) was a must. Aanandi, however, died due to illness and lack of treatment.

Her premature death proved a big loss to India. Though she is not there physically, her selfless and honest efforts in the field of medicine will always remain in the hearts of Indians. By remembering Dr. Aanandi in the times of pandemic, we are expressing our gratitude to such a bold woman who dared to travel to America alone in the 19th Century and achieve her dreams, crossing many hurdles.

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